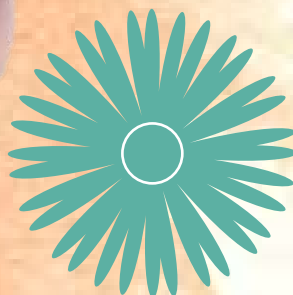
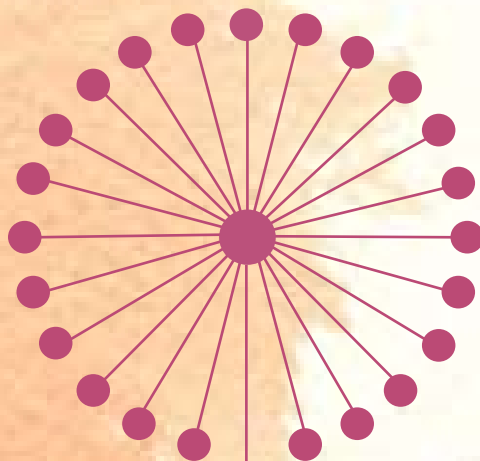




Transforming the lives of
children with disabilities in
low income and marginalized
areas



annual report
2012



Executive Summary

Over the past two years, The Action Foundation has worked to establish the systems and relationships necessary to truly and effectively impact the lives of children with disabilities. We've raised awareness about disability in various communities in Kenya and trained parents and caregivers of the children on how to care for them.

2012 saw us realizing our dream of setting up our rehabilitation centre for children with disabilities in Kibera. The centre's goal is to improve the physical, social and mental well-being of the children and their families as well as promoting their inclusion in society. Through various forms of therapy, day care and daily feeding programs, we continue to transform the lives children with disabilities in Kibera, the largest slum in Kenya and the second largest in Africa. Health talks in nutrition and training in physiotherapy increases the capacity of the parents to care for their children at home.

We want to scale up and reach more children with disabilities by setting up rehabilitation centres in other low income areas. In this report, you'll see how TAF's projects are working. Not only are we providing access to health care and education, but we are also creating an inclusive community where the children can be nurtured, grow and learn. Our journey so far has been the result of the hard work of a great team comprising of our board, staff and volunteers

In addition to unlocking their potential, we are also changing the way society perceives children with disabilities by raising awareness through social media and events. Our dream of creating a barrier free society for children with disabilities is alive today because people like you care. Thank you for your continued support.

Maria Omare

Maria Omare
Executive Director,
The Action Foundation

Contact Us:

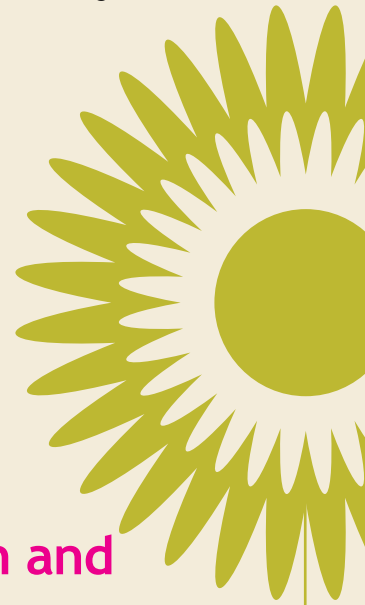
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Our Vision and Mission

Our vision is a fully inclusive society where children with disabilities can realize their maximum potential.

We seek to transform the lives of children with disabilities in low income and marginalized areas. Through various forms of therapy, day care and our feeding program, TAF transforms of these vulnerable children and facilitates their physical, social, emotional and cognitive development.

We also help their parents take better care of them and the rest of their families and eventually break free from the cycle of poverty.

Strategic objective:

We exist to promote social inclusion of children with disabilities in low income/marginalized areas and enable them to lead healthy and dignified lives.



Key Activities

- Early intervention through a range of therapy (physical, occupational, play, art and speech therapy)
- Feeding program
- Income generating activities by parents of children with disabilities
- Create awareness about disability and to foster respect for the rights and dignity of persons with disabilities
- School placements of children with disabilities
- Providing access to medical care to children with disabilities
- Providing psychosocial support and trainings to parents of children with disabilities in ways to improve their health





Impact in 2012

February & December: Improved the self esteem and social skills of 50 children with disabilities by organizing recreational trips to Nairobi National Park (February) and The Village Market(December)

March: Started a rehabilitation center for children with disabilities in Kibera. The rehabilitation center is community run and offers various forms of therapy (physical, occupational, speech, play and art), psychosocial support , day care and nutrition

March - November: Worked with local and international volunteers to provide subsidize the cost of therapy services and provide free training in nutrition, health and vocational skills

April - November: Improved the health of children with disabilities through educating their parents in nutrition and health

August & December: Improved the social, communication and motor skills of 20 children with disabilities through 2 major art events- Butterfly Art Camp (August) and Christmas Art Fiesta in (December)

September: Partnered with Pamoja Dance group to create awareness on disability by hosting a contemporary dance performance by dancers with and without disability. This was held at The Tribe Hotel in Gigiri

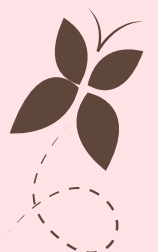
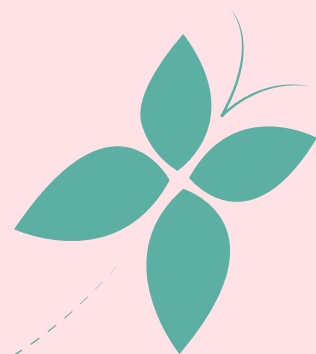


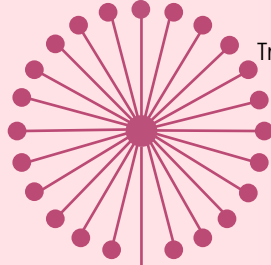
The Action Foundation Centre

Our centre caters to children with conditions such as autism, Down's syndrome, cerebral palsy among others. It currently serves 15 children from various villages in the slum.

The success of the centre is attributed to the direct involvement of parents and caregivers of the children. They have organized themselves to work in a rotational program that ensures that a parent volunteers at our center each day to care for and the children with the help and support of our staff.

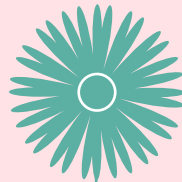
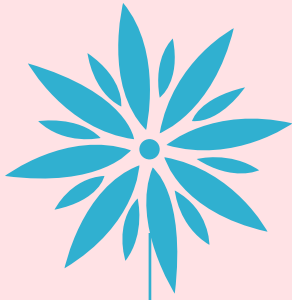
This has allowed these parents to have more time to seek employment opportunities to support their families.





Objectives for 2013

- Mobilize resources to equip our center with physiotherapy equipment
- Partner with special and regular schools to enroll children from our centre
- Link our children to hospitals that can provide reconstructive surgery and other specialized services
- Hold 3 events to create awareness on disability
- Expand our center to have more space for play activities and a kitchen area
- Engage with local and international volunteers to provide high quality and low cost services to the children we serve.





Name : Joan
Age: 6 years old
Condition: Cerebral palsy

Success Story

Joan was first brought to our rehabilitation centre in August 2012. Her father, Joram found out about us from our administrator Prisca, in one of the support groups for parents of children living with disability.

As soon as he heard that we were planning an art camp in Kibera, he was quick to ensure that Joan was among the first to be registered.

The first 2 days of art camp, Joan was incredibly shy and barely said a word. She has cerebral palsy, which affected her lower limb development. Her father mentioned that she is not accustomed to being around other people and he hopes the art camp will help her overcome her shyness and low self-esteem. He had tried to get her into the local schools but most turn her away because of her disability.

After two days of learning and creating with the other children, Joan could be heard singing and whispering some words to the volunteers. We discovered that she is very smart and completed all her individual art assignments perfectly. At the end of the 2 weeks, Joram could not believe that his daughter could be so active and cheerful in a room full of people! He also noted that she loved to draw on anything she could find in the house with her new set of crayons.

She regularly attends our rehabilitation center where she receives physical and occupational therapy. Her favorite activity is art which she does really well! We are working with her parents to find a good school for her.